

Cindy Austin

Curriculum Vitae

Experience:

- 7 years as a secondary Spanish teacher
- 2 years as a Crisis Counselor in a 5A high school
- 1 year as a Middle School Counselor
- 6 months internship in domestic violence shelter
- 6 months internship in a MHMR crisis shelter
- 6 months working independently for CPS
- 6 months as a Counselor in the child and adolescent unit at MHMR
- 2 years as the Program Director for Breakthrough
- 2 years as consultant for the Breakthrough program
- 10 years as private practitioner

MS, LPC, Professional Mediator, Certified Assistant Psychodramatist, ETT practitioner: levels I, II, IV, and V, Bilingual-Spanish

Speaker and Work Shop Presenter for GENaustin, Boys and Girls Club of America, AISD Region XIII, College Forward, and Breakthrough Austin

Experience working with Adolescents, Couples, Individuals, Families and Parents addressing the following:

ADHD, Addiction, Affair Recovery, Anger Management, Anxiety, Bipolar Disorders, Borderline Personality Disorder, Bullying, Career Development, Chronic Pain, Codependency, Classroom Management, Co-parenting, Cutting, Depression, Domestic Violence, Divorce, Gay and Lesbian Issues, Girl on Girl Aggression, Grief and Loss, Marriage, Panic Attacks, Relationships, Self-Image and Self Esteem, Suicidal Ideation, Teacher Training, and Traumatic Event Recovery (PTSD)

Education:

- **2011-2013** - Emotional Transformation Therapy Training
- **1994-2006** - Westwood Psychodrama Training Institute
- **2001** - Licensed Professional Counselor (LPC) Texas #17222
- **1999** - Masters of Science (Counseling & Development) Texas Woman's University
- **1997** - Certified Professional Mediator
- **1991** - Bachelor of Science (Education) University of Texas at Austin