



**Cindy Austin, MS, LPC**

Psychotherapist, Relationship Expert,  
Motivational Speaker

**MAKE A LASTING IMPACT ON YOUR AUDIENCE**

## **DATING & RELATIONSHIPS**

- **Deliberate Dating** - An Empowered Approach to Choosing An Ideal Partner
- **She Runs with Scissors** - Recognize the Thoughts that Hold You Back
- **Enneagram - Nine Lenses on the World:**  
Collaborative Strategies for Effective Communication
- **Define Your Values, Write An Amazing Profile**

*Cindy has over 20 years in private practice  
Has worked with thousands of couples & individuals  
Is Creating & Inspiring a Dating Evolution*

**Book  
Cindy to  
Speak  
Today!**

*"Deliberate Dating gave me many tools to allow me to show up for myself and to discover what I want from my partner and romantic relationships. Cindy is highly interactive, engaging, intimate, and fun."*

*- Amanda E.*

**[www.AustinEmpowered.com](http://www.AustinEmpowered.com)**



# EDUCATE EMPOWER INSPIRE

*“I feel way more empowered to be in charge of my dating experiences rather than just reacting to how others treat me in it. I'm not a pinball being flung around in a game anymore.” - Hallie D.*

*“Thanks to the Deliberate Dating, which is wonderful, I have way more intention and awareness now. I thought I knew beforehand how to read signals and cues, but now I am blown away at what I was missing! I am now a champion Deliberate Dater and feel much more confident about how to navigate this dating process and not end up in the same dead ends!” - Lisa N.*

*“This group is the best support you could ask for when looking for the ideal partner of your life. I learned more about myself and my strength than I have ever known. I found my happy place in this community.”  
- Ashley H.*



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