



Cindy Austin, MS, LPC

Psychotherapist, Parenting Expert,
Motivational Speaker

MAKE A LASTING IMPACT ON YOUR AUDIENCE FOR PARENTS, EDUCATORS, THERAPISTS & COACHES

- **Enneagram - Nine Lenses on the World:**
Collaborative Strategies for Effective Communication
- **Raising Kids to Flourish Not Flounder**
- **How to Effectively Talk To Your Kids about Sex, Love & Dating**
- **Empowering Parents to Address the Dangers Kids Face Today:**
Social Media, Substance Abuse, Depression, Anxiety & Suicide

*Cindy is a parent, educator, psychotherapist and speaker
Former middle & high school teacher & counselor
Former Director of education non-profit, Breakthrough Austin
And has over 20 years in private practice*

**Book
Cindy to
Speak
Today!**

“Cindy's message is relevant and delivered in a powerful and engaging manner! She makes what she shares easy to understand and inspires people to actually apply it!”

*- Sammi Harrison, Anderson High School Principal,
Austin, TX*

www.AustinEmpowered.com



EDUCATE EMPOWER INSPIRE

“Our barn was on fire and Cindy's Enneagram workshop was the rescue firetruck that we desperately needed to put out the flames. Learning how to communicate using compassion and self-awareness is key to our success.”

- Wendy, VP

“Cindy's stories and humor kept the audience engaged and I walked out with better tools to help my kids with tough issues.”

- Chris P., Middle & High School Parent

“I was one of those parents that thought if we talked about sex too soon, it would give the kids ideas prematurely. Cindy gave me the confidence to approach this subject to empower my kids for a lifetime of relational health.”

-Betsy F., Parent, School Counselor & Therapist



www.AustinEmpowered.com

